Outdoor Education
The HCI Adventurer
« Step in, Step out, Step up »
The HCI Adventurer
Outdoor Education Framework

“I regard it as the foremost task of education to insure the survival of these qualities:

An enterprising curiosity,
An undefeatable spirit,
Tenacity in pursuit,
Readiness for sensible self-denial,
And above all, compassion.”

- Kurt Hahn -
Our Objectives

We want our students to achieve the following learning outcomes:

• To have an **Adventurous Spirit**
• To have an **Innovative Spirit**
• To have a **Collaborative Spirit**
• To have an **Ethical Mind**
• To gain an **International Perspective**
Outdoor Education Framework

- By gradually exposing students to the outdoors, through:
  - The Secondary 1 Teambuilding Camp;
  - The Secondary 2 OBS 4 Day Course;
  - The Secondary 3 and 4 Overseas Camp;

=>>Students will embody the qualities of a Hwa Chong gentleman.
Outdoor Education Framework

HCI
Senior Adventurer Award
Outdoor Education Framework

Secondary 3/4 – Leadership Training

- Character Building
- Leadership education
- Widening one’s comfort zone
- Understanding one’s strength and weakness
- Promote self-discovery and reflection
- Servant Leadership
Outdoor Education Framework

**Sec 1 Camp – Team Building**
(Compulsory for all Students)

**Sec 2 Camp – Adventure**
(Compulsory for all Students)

**Sec 3 and 4 Camp – Leadership Training**
(Optional for all Students)
Opportunity of a Lifetime

• Go on an adventurous journey and challenge yourself.

• You’ll discover more about yourself and your peers than you’d expect.

• Do something different which you wouldn’t otherwise do on a family vacation.
Benefits

• Build a more balanced portfolio.
• Meet NYAA Silver Requirements.
• Experience will be beneficial in NS.
• Experience will be beneficial in Scholarship Applications (Eg. PSC / Military / Police Scholars / Pilot Training – required to go for OB 21 Day Course)
• Experience something different and exhilarating.
• Build your character.
A Well Travelled Outdoor Adventurer

Joseph Jonathan Zhao Zhiwei

Sec 1 Annual Camp 2011
Sec 2 OBS Camp 2012
T2 Outward Bound Lumut 2013
T2 Outward Bound Nepal 2014

Student Development (HS)
- Outdoor Education Unit
Considerations when Selecting Camps

**Dates of Camps**

- Term 2 Sabbatical
- Term 3 Sabbatical
Considerations when Selecting Camps

If MSG Below 2.5 in 2014

• Option to Select Camp in May
  (Term 2 Sabbatical)

• Option to Select Camp in August
  (Term 3 Sabbatical)
Considerations when Selecting Camps

If MSG Above 2.5 and Less Then 4.0 in 2014

• Option to Select Camp in May
  (Term 2 Sabbatical)
Considerations when Selecting Camps

• **Sec 3 Leaders** Nominated for Outward Bound Singapore Shackleton Sailing Programme *by Consortium or CCA.*
  - You will be informed by your teacher.
  - You can also opt for the other camps.
  - *In the event you are selected for leaders programme, you will go for leaders programme.*

• **Sec 3 & 4 International scholars** who joined us in 2015/2016:
  - To attend compulsory OB S’pore in June 2015.
  - You do not need to opt for Camps.
Considerations when Selecting Camps

• Leadership Sabbaticals
  o (Term 1, 2 and 3)

• Major School Events / Projects
  o e.g. APMOPS
  o e.g. SLC
  o Or other commitments.
Where can you find a HCI Adventurer?
The HCI Adventurer
Where Can You Find A HCI Adventurer?

- **Australia** (Outward Bound Australia)
- **New Zealand**
- **Thailand**
- **Malaysia** (G.Tahan, Taman Negera, Perak, Outward Bound Lumut, Outward Bound Sabah)
- **China** (Hainan Island Adventure)
- **Brunei** (Outward Bound Brunei)
- **India** (Outward Bound India)
- **Mongolia** (Outward Bound Mongolia)
- **Taiwan** (Outward Bound Taiwan)
- **Nepal** (Outward Bound Nepal Adventure)
- **Vietnam** (Fan Si Pan Adventure)
Camp Schedules

Term 2 Sabbatical

• Fan Si Pan Adventure (Vietnam)
  (17th May 2015 to 23rd May 2015)

• Perak Adventure Camp (Malaysia)
  (18th May 2015 to 22nd May 2015)

• Hainan Adventure (China)
  (16th May 2014 to 22nd May 2014)
Camp Schedules

Term 2 Sabbatical

• Outward Bound (Taiwan)
  (16th May 2015 to 25th May 2015)

• Nepal Adventure by Outward Bound Singapore (Nepal)
  (16th May 2015 to 25th May 2015)

• Outward Bound (Sabah)
  (16th May 2015 to 24th May 2015)

• Shackleton Sailing Programme (Singapore)
  Selected CCA Leaders
  (16th May 2015 to 22nd May 2015)
Camp Schedules

Term 3 Sabbatical

- Tanjung Belungkor Adventure (Malaysia)
  (29th August 2015 to 2nd Sep 2015)
Where Can You Find A HCI Adventurer?

Level of difficulty and toughness of camp

⭐
Manageable with basic fitness

⭐⭐
Basic adventure excitement with minimal fitness conditioning

⭐⭐⭐
Good to condition yourself in order to enjoy the adventure

⭐⭐⭐⭐⭐
Definitely need to condition yourself up to meet the challenge
## Where Can You Find A HCI Adventurer?

<table>
<thead>
<tr>
<th>Secondary 1 Teambuilding Camp</th>
<th>Perak Adventure/ Hainan Adventure/ Tanjung Belungkor Adventure</th>
<th>Secondary 2 Outward Bound Singapore</th>
<th>OB Sabah/ Shackleton Sailing Programme</th>
<th>Fan Si Pan, Vietnam Adventure/ OB Taiwan</th>
<th>OB Nepal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level</td>
<td>Level</td>
<td>Level</td>
<td>Level</td>
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<tr>
<td>1</td>
<td>2</td>
<td>2-3</td>
<td>3</td>
<td>3-4</td>
<td>4</td>
</tr>
</tbody>
</table>
Perak Adventure Camp

- Waterfall Abseiling
- White Water Rafting
- Rafflesia Trail Trek
- Paintball
- Caving
- Lata Kinjang Waterfall visit and deer sighting
- **Level of toughness: 2**
Hainan Adventure

- Farm Visit and Homestay
- Padi Farming Experience
- Making and Release of Kong Ming Lantern
- Trekking WuZhiShan Mountian
- School Visit
- Visit to Asia Pacific Breweries
- School visits
- Homestay in village
- Visit Asia Pacific Brewery
- Level of toughness: 2
Fan Si Pan Adventure

- Train ride up to Sapa Town before proceeding to trek
- Trekking with to Mount Fan Si Pan with local guide
- City Tour of Hanoi
- Level of toughness: 3-4
Outward Bound Taiwan

- River tracing in wet suits
- Mountain climbing
- Base camp upon reaching, before mobile camp out for the rest of the expedition
- Level of toughness: 3-4
- (pre-trip physical conditioning may be required)
Nepal Adventure by Outward Bound Singapore

• Experience living in the tent
• Navigation & Solo experience in the scenic environment of Himalayan Mountain Range
• Wilderness Skills
• Cultural Interaction with the locals
• Level of toughness: 4
Shackleton Sailing Programme by Outward Bound Singapore

- Sailing adventure
- Experience, sailing, rowing on a sailboat over 4-5 days and
- Sleeping on a sailboat
- Leadership and Adventure programme based on sailing adventure of John Shackleton
- Participation is by teacher nomination
- Level of toughness: 3
Tanjung Belungkor Adventure
(Term 3)

- Bukit Belungkor Hill Trek
- Overnight Kelong Stay
- River Kayaking
- Local Kampung Homestay and Fishing
- Mangrove Reforestation
- **Level of toughness: 2**
# Available Places and Cost

<table>
<thead>
<tr>
<th>Camp</th>
<th>Camp Fee (Estimate)</th>
</tr>
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<tbody>
<tr>
<td>Perak Adventure Camp</td>
<td>$495</td>
</tr>
<tr>
<td>Fan Si Pan, Vietnam Adventure</td>
<td>$1115</td>
</tr>
<tr>
<td>Hainan Adventure</td>
<td>$945</td>
</tr>
<tr>
<td>Outward Bound (Taiwan)</td>
<td>$2115</td>
</tr>
<tr>
<td>Nepal Adventure by Outward Bound Singapore</td>
<td>$2715</td>
</tr>
<tr>
<td>Shackleton Sailing Programme by Outward Bound Singapore</td>
<td>$745 (bef. subsidy)</td>
</tr>
<tr>
<td>Tanjung Belungkor Adventure</td>
<td>$425</td>
</tr>
</tbody>
</table>
Subsidies
The HCI Adventurer
Financial Assistance

• We encourage all students to embark on adventure camp.
• However, they should choose a camp that is within their means.
• Strictly on NEEDS Basis
• Strictly for camps not costing more than $600. The camps eligible for financial assistance are:
  – Perak Adventure
  – Tanjung Belungkor Adventure
Financial Assistance

- Student A applies for financial assistance for OB Taiwan ($2115), claiming his family cannot afford the fee.

- REJECTED

- Student A should apply for a camp that is either within his family’s means...OR...

- Student A should apply for a cheaper camp, which if he still cannot afford the full fee, apply for financial assistance.
Financial Assistance

- Singapore Citizens will have Camps Fees Deducted from EDUSAVE.

- If the camp you opt for costs more than what you have in your EDUSAVE, the fees will be deducted:
  - First, from your EDUSAVE
  - Followed by your GIRO ACCOUNT.

- Those without EDUSAVE, will have the Camp Fees deducted directly from your GIRO Account.
Application

• Check EMB and download forms and instruction.

• ISP Portal will open on Wednesday, 21\textsuperscript{st} January, 2pm for registration

• Download Submit Parent’s Acknowledgement form to Mr Tan Sung Wen by 5pm, Friday, 6\textsuperscript{th} February 2015

• Located at High School General Office, in front of the Dean’s Office.
Application

• A camp will be closed if there are insufficient participants.

• While camps are optional, the moment you opt to attend a camp, you are obligated to go.

• Should you choose to withdraw closer to the departure date, camps fees will still be deducted even if you do not attend.
If we're growing, we're always going to be out of our comfort zone.” – John Maxwell